## Gladstone Area Schools

Administration Office 906-428-2417 High School 906-428-9200

> Library 906-428-4224

400 South Tenth Street Gladstone, Michigan 49837 FAX (906) 789-8457



"Together We Make a Difference"

Middle School 906-428-2295

Cameron Elementary 906-428-2314

Jones Elementary 906-428-3660

April 10, 2023

Dear Parents/Guardians,

This is a reminder to schedule a physical with your primary care physician if your child will be playing a sport in the 2023-2024 school year. Physicals will no longer be offered at school. A physical is REQUIRED to be completed for your son/daughter to participate in sports. A sports physical must be completed on/after April15th, 2023, in order to count for next school year. A copy of this physical must be given to the athletic office. Physical packets are available for your student to pick up in the athletic office at the high school or in the main office at the Junior High. These forms can also be found online at https://www.mhsaa.com/portals/0/Documents/health%20safety/physical2page.pdf.

Please plan accordingly and do not wait until the last minute to schedule an appointment. Even if you are unsure if your student will be participating in a sport or not, it would be a good idea to have a physical completed and on file.

If you have any questions, please reach out to myself, Katie Sinclair (789-8316), or Amy Miron (789-8320) in the athletic office.

Thank you for your cooperation and understanding.

Katie Sinclair, RN, BSN School Nurse